



SES COLLEGE

SREEKANDAPURAM
EDUCATIONAL
SOCIETY

Affiliated to **Kannur University**
Accredited by **NAAC at 'B' Grade**

SREEKANDAPURAM POST,
KANNUR DISTRICT,
KERALA, PIN:670631
PH: 0460 2230293, 2231145



S.E.S. COLLEGE

www.sescollege.ac.in • sescollege.skprm@gmail.com • principal.sescollege@gmail.com

Criterion 7– Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.



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ANNUAL GENDER SENSITISATION ACTION PLAN 2015-16	
Title of the programme	Anticipated Date
Yoga training-with special focus on 'flexibility exercise for women and a session on the history of yoga on how it moved from an activity of men to more of neutral physical activity of mental and physical well being .	June-2015
Anti ragging awareness programme to educate on the importance of amity among different sections.	June-2015
Personal counselling to the needy to help them to make appropriate positive changes to be contributing citizens.	July-2015
Counselling camp(introspection) to address different aspects of student's life and to suggest remedies to problems identified.	August-2015
How to face the exam-Gender responsiveness-analysis of role expectations for boys and girls.	October 2015
stress management class	January 2016
Entrepreneurial Development programme with special focus on women enterprises and challenges faced.	January 2016
Health awareness programme	February 2016



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ANNUAL GENDER SENSITISATION ACTION PLAN 2016-17

Title of the programme	Anticipated date
Women empowerment seminar.	June 2016
Road safety Awareness Programme-with special focus on the statistics of injury and fatality rates among different genders.	July 2016
Yoga training to girls.	July 2016
Sex Education for girls.	August 2016
Personal counselling .	August 2016
Counselling camp (Introspection)	January 2017
Personal Counselling.	January 2017
Mental Health Program.	January 2017
Communication skill Enhancement Programme -why communication should be unbiased ?	February 2017
Personality development Program.	February 2017
Entrepreneurial Culture-Among different cultures and Genders.	February 2017
Anti Drug Awareness Program(Say NOPE To DOPE)-promotion of gender responsive approach to addiction.	March 2017
Anti Narcotic Awareness Program-prevention,treatment and recovery of substance abuse.	March 2017
Cyber security Awareness programme-cyber bullying and the related.	March 2017



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ANNUAL GENDER SENSITISATION ACTION PLAN 2017-18

Title of the programme	Period from
Anti Ragging awareness Programme	June 2017
Counselling Camp (Introspection-2017)	June 2017
Cyber Security Awareness Programme	July 2017
Personal Counselling	August 2017
Miss Confident S.E.S. Competition	January 2018
Yoga Training by NCC	March 2018



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ANNUAL GENDER SENSITISATION ACTION PLAN 2018-19

Title of the programme	Period from
Personal Counselling	June 2018
Entrepreneurship development programme	July 2018
Impact of stress on Women Health	August 2018
Adolescence Counselling	September 2018
Cyber security awareness Programme	October 2018
Counselling Camp (Introspection)	November 2018
Anti drug awareness program	February 2019
Awareness on Gender Equality	March 2019



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ANNUAL GENDER SENSITISATION ACTION PLAN 2019-20

Title of the programme	Period from
Anti-ragging Awareness Programme	June 2019
Women empowerment	July 2019
Counselling camp	August 2019
Soap manufacturing--Empowering our students through skill training.	September 2019
Class on academic problems-personal,cultural and the similar.	November 2019
Personal counselling	January 2020



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ANNUAL GENDER SENSITISATION ACTION PLAN 2020-2021	
Title of the programme	Period from
Induction programme with special focus on an inclusive environment.	September 2020
Anti-ragging Awareness Programme	September 2020
Anti-narcotic Awareness programme	October 2020
Counselling camp	October 2020
Programme by Internal Compliance Committee	November 2020
Class on academic problems	November 2020
Personal counselling	January 2021
Poster making competition	January 2021
Essay Competition - Sthree Sakthi Karanam	January 2021
Social media awareness class	January 2021
Menstrual Hygiene Programme	February 2021
Self defence Programme	February 2021
Social entrepreneurship Programme	February 2021
Health awareness Class	March 2020
Life skill Programme	March 2020

